

# MENTAL HEALTH COMMITTEE MEETING

Join us as we come together, in person, to learn about the Vital Village Mental Health Committee and how you can engage in transforming the mental health of our community. Food and Refreshments will be served.

*joy*

*wholeness*

*options*

*balance*

*acceptance*

*freedom*

*peace*

**Scan QR Code to Register Today!**



**Wednesday, November 1st, 5:30 p.m. to 7:30 p.m.**  
**The Family Nurturing Center**  
**200 Bowdoin St, Boston, MA 02122**  
**Light refreshment will be served**

**For more information: Smith Guillaume Lamothe -**  
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**VitalVillage**

BELONG • LEARN • ENGAGE • TRANSFORM

NETWORKS





